



Nail Polish & Appearance: The Perfect Match

Infocard + quick checklist: undertone match, outfit/occasion, finish & length tips

Find Your Undertone

- Cool — veins look blue/purple; silver jewellery flatters. Try: blue-based reds, berry, plum, cool pinks, icy nudes.
- Warm — veins look green; gold jewellery flatters. Try: coral, tomato red, peachy pinks, terracotta, warm nudes.
- Neutral — mixed cues. Try: rosewood, soft mauve, balanced nudes, soft taupe.

Match with Outfit & Mood

- Minimal & office — sheer nude, milky pink, soft beige; short to medium length, rounded or soft-square.
- Smart-casual — dusty rose, cocoa, olive, denim-blue; almond or short-oval.
- Party & evening — classic red, deep wine, jewel tones; add shimmer/foil as an accent.
- Sport/active — shorter length, rounded edges; resilient formulas or rubber base coats.

Finish, Length & Shape

- Finish — creams are most forgiving; satin/pearl softens texture; micro-glitter hides small imperfections.
- Length — keep free edge 1-2 mm past fingertip for neat everyday wear.
- Shape — soft-square for straight nail beds; oval/almond elongates; squoval is a safe all-rounder.



Quick Palette Guide

Skin / Undertone	Neutrals	Statement Shades	Avoid if...
Cool	icy nude, cool pink	blue-red, berry, plum	skin can look sallow in orange-reds
Warm	peachy nude, warm beige	coral, tomato red, terracotta	blue-based pinks may look dull
Neutral	rosewood, taupe	soft mauve, balanced reds	—

Quick Checklist

- ☐ Undertone matched (cool / warm / neutral).
- ☐ Outfit & occasion considered (office / casual / party / sport).
- ☐ Finish selected (cream / satin / shimmer) and length appropriate.
- ☐ Hands prepped: cuticle care, hydration, base coat.
- ☐ Accent plan (1-2 nails) if using shimmer/foil.

Tip: photograph hands in daylight next to your outfit — the right shade will flatter skin and fabric at once.



Scan the QR to open the article with examples and shade suggestions.