



# Perfect Manicure at Home — Step-by-Step

Mini-brochure: tools & prep, shape finder, safe cuticle care, polish flow, drying & longevity tips, mistakes & fixes, hygiene & safety, quick troubleshooting, removal.

## Tools & Prep

Tool	Use
Nail clippers & file (180–240 grit)	shorten & refine; file one direction to avoid splits
Buffer (220–400 grit)	gently smooth ridges; avoid over-buffing
Cuticle remover (alkaline) + pusher/orange stick	soften & move cuticle <b>**without cutting**</b>
Cuticle nippers (optional)	trim only hangnails; never live cuticle
Dehydrator/Alcohol wipe	remove oils before base coat
Base, colour polish, top coat	thin layers for even finish
Cuticle oil & hand cream	nourish after polish is dry

## Shape Finder — Quick Guide

Shape	Best for
Oval	short/medium nails; elongates fingers
Squoval	universal; reduces snags
Round	very short nails; low-maintenance
Almond	medium nails; elegant but needs strength
Square	flat nail beds; strong corners (watch snags)

## Cuticle Care — Safe Steps

1. Apply cuticle remover; wait 1–2 min.
2. Gently push back with pusher/stick; **\*\*do not cut live cuticle\*\***.
3. Trim only loose skin/hangnails; wash hands and dry thoroughly.

## Polish Flow — Thin Layers Win

1. Dehydrate nails with alcohol wipe; avoid oils/hand cream now.
2. Base coat — cap the free edge; let dry 1–2 min.
3. Colour 1 — 3 strokes: centre → sides; cap edge; 2–3 min.
4. Colour 2 — repeat thin layer; clean edges with brush + remover.
5. Top coat — float it; cap edge; wait 5–10 min still.
6. Drying: 45–60 min to fully set; avoid heat/water for 2 h.

## Longevity Tips

- Re-cap tips with top coat on day 2–3.
- Wear gloves for dishes/cleaning; avoid long hot baths first 24 h.



- Daily cuticle oil keeps polish flexible and reduces chips.

## Common Mistakes (and quick fixes)

Problem	Fix
Bubbles	shake-free bottles; roll gently; apply thinner coats
Streaks	use ridge-filling base; don't overwork strokes
Peels next day	dehydrate plate; cap edges; avoid soaking before polish
Flooded cuticles	wipe excess from brush; leave 0.5 mm gap from skin

## Hygiene & Safety

- Sanitise tools with alcohol; don't share files/buffers.
- Avoid cutting living tissue; stop if pain/bleeding; consult a pro with infections.
- Sensitive skin? Choose **acetone-free** remover and fragrance-free products.

## Removal — Keep Nails Happy

- Regular polish: hold remover-soaked pad 10–15 s; wipe; wash & moisturise.
- Glitter: use the **foil method** or peel-off base next time.



Scan the QR to open the full step-by-step manicure guide.